

**Minnesota Quality of Life Assessment of the Social & Physical Environment Survey
Draft September, 2017**

Organization _____

Dates Survey Was Completed _____

Team Member(s) Conducting Interviews _____

The goal of this tool is to provide organizations with the following:

- Assessment of targeted area of organization to determine how the staff and the people receiving supports perceive the social and physical setting organized across quality of life domains;
- Summary of perceived progress implementing person-centered practices and positive behavior support (PBS); and
- Encourage increasing awareness of key features associated with high quality social and physical environments.

Teams identify the area within an organization where all stakeholders are working together to pilot consensus-based, person-centered practices and PBS. The types of individuals completing this assessment will vary based on the setting and location selected by an organization to pilot implementation of person-centered practices and PBS.

The assessment items in Part 1 are completed by individual staff members working in the pilot area implementing person-centered practices and PBS. Please answer the questions in the survey below based on how true the statements are for most people in the setting.

Once the staff members have completed the survey, the next step (Part 2) is to interview people receiving services within each setting targeted for implementation (instructions for interview questions are included at the end of the survey). Please see Part 2 for instructions related to the survey for people living and/or working in a setting.

Quality of Life Assessment of the Social & Physical Environment Survey
Part 1: Survey Instructions for Staff

Instructions

Circle the number that best reflects how much you agree with the statements below as it applies to the area or setting in which you are working. A score of one on the tool indicates you strongly disagree with a statement, a score of two indicates you disagree, a score of three indicates agreement, and a score of 4 indicates strong agreement. Circling “DK” means that you do not know the answer to the item.

Statements for each item address people living and/or working in a particular setting *except* when the term “everyone” is used in a sentence (“everyone” includes people living and/or working in a setting, staff, managers, family member/guardians, community members, etc).

Personal Development	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
1) People regularly participate in activities or tasks that are useful and meaningful to their daily lives.	1	2	3	4	DK
2) People participate in a variety of different activities that promote learning and independence.	1	2	3	4	DK
3) Everyone receives individualized support/instructions.	1	2	3	4	DK
4) People who receive support learn skills that are useful and meaningful to their daily lives.	1	2	3	4	DK
Self Determination and Choice	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
5) People have the option to control their own finances	1	2	3	4	DK
6) People are able to access people, activities, and items that align with their cultural preferences	1	2	3	4	DK
7) People are encouraged to make major decisions related about where they live, what employment they want, and how they spend their time	1	2	3	4	DK

8) People make their own choices (about what they will do, when, and with whom)	1	2	3	4	DK
Positive Interpersonal Relations	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
9) Everyone works together to identify the person-centered values that are considered important	1	2	3	4	DK
10) Everyone is involved in implementing a plan for increasing positive social interactions that are associated with person-centered values	1	2	3	4	DK
11) People promote and reward positive social interactions.	1	2	3	4	DK
12) Everyone is familiar with the receptive and expressive language levels and skills of the people who are receiving support	1	2	3	4	DK
Social Inclusion	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
13) People are involved in a variety of different community settings that occur outside of the home, school, and/or workplace.	1	2	3	4	DK
14) People participate in a variety of preferred social activities.	1	2	3	4	DK
15) People have an opportunity to engage in socially integrated activities with people who are not paid to attend the event.	1	2	3	4	DK
Rights	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
16) People are actively participating in citizenship-related activities (i.e. voting)	1	2	3	4	DK
17) People are not treated differently because of their cultural identity or background.	1	2	3	4	DK
18) People have equal access to legal rights and processes.	1	2	3	4	DK

Emotional Well-being	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
19) People participate in activities and tasks that are useful and meaningful in their daily lives.	1	2	3	4	DK
20) People have opportunities to celebrate and connect with others with similar cultural backgrounds.	1	2	3	4	DK
21) People have the opportunity to seek out spiritual activities and to explore religion.	1	2	3	4	DK
22) People providing support know how to recognize stress, signs of discomfort, or other negative emotions.	1	2	3	4	DK
Physical Well-being	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
23) People have access to effective healthcare.	1	2	3	4	DK
24) Efforts to improve health and well-being are in place and incorporate on the person's preferences	1	2	3	4	DK
25) People have a way to predict what they will be doing and what activities are planned..	1	2	3	4	DK
26) The number of people living or working in the setting is appropriate for its size and purpose.	1	2	3	4	DK
Material Well-being	Strongly Disagree	Dis-agree	Agree	Strongly Agree	Don't Know
27) Most people have the type of job they want if they want employment.	1	2	3	4	DK
28) The money earned from employment allows most people to gain access to the people, activities, or things they believe are important.	1	2	3	4	DK
29) Most people own the personal items they find the most valuable (cell phones, bus	1	2	3	4	DK

passes, other belongings).					
30) Most people's items and belongings are respected by others.	1	2	3	4	DK
31) Most people have access to transportation in a way that contributes to a sense of material well-being (access to bicycle, electric wheelchair, bus/train pass, car, etc.)	1	2	3	4	DK

Interview Questions for People Living and/or Working in a Setting

Part 2: Survey for People Living and Working in a Setting

Instructions

Invite three people who receiving support in th pilot area identified within an organization implementing person-centered practices and PBS. Please consider whether the person will be able to understand the meaning of the words in this survey. Paraphrase or adapt the questions if the person has trouble understanding what you are asking. If the questions are difficult for the person to answer, invite two individuals who know the person well to answer the questions below. Circle the answer that best reflects how often each of the items below occur. A score of one on the tool indicates the item never occurs, a score of two indicates the item sometimes occurs, a score of three indicates the item occurs often, and a score of four indicates the item indicated occurs every day. Circling “DK” means that you do not know the answer to the item.

Quality of the Social and Physical Environment Staff Interview Form

Setting:

Date of Interview:

Person(s) Completing the Interview:

1. I get a chance to learn new things at home/work (Personal Development)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
2. How often do you feel that you really like your job? (Emotional Well-Being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
3. Other people say nice things to me at home/work (Positive Interpersonal Relations)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't DK
4. People listen to me when I tell them I need something (Emotional Well-being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK

5. I have a chance to meet other people in the community (Social Inclusion)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
6. I often feel happy living in my current home (Emotional Well-being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
7. I often feel that I am treated fairly at home/work (Rights)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
8. I know what I am going to do be doing each day (Physical Well-Being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
9. I get along with everyone at home/work (Emotional Well-Being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
10. I have people in my life that love me (Emotional Well-Being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
11. I can afford to go visit people or go out to eat when I want to (Material Well-Being)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK
12. I choose what I want to do each day (Self-Determination)	Never 1	Sometimes 2	Often 3	Every Day 4	Don't Know DK

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